













Gourmet Canapé **MENU 2016**



Gourmet Finger Food Menus

When only the best will suffice! Fabulous Catering offers a range of gourmet finger food canapés! This style of finger food is extremely popular with Weddings, Corporate Functions, Engagements, Product Launches or for any other special occasion where you are after something to impress your guests!



Any hot or cold combination \$21.00 per guest

Any hot or cold combination \$28.00 per guest

Any hot or cold combination \$35.00 per guest

Any hot or cold combination \$42.00 per guest

Any hot or cold combination \$49.00 per guest

DESSERTS (per item per guest) **\$3.50** per guest







Hot Options *Meat*

Grilled and Glazed Prawn Skewers

Market fresh prawns, placed on skewers and served with a honey soy glaze

Pork, Water Chestnut and Chinese Greens Spring Roll

A very special mix of pork and the intense fresh lemon grass taste make for a refreshing take on a classic favourite!



English style beef wellingtons, served with a yearling roast beef

Chinese Chicken Dumplings

Authentic Chinese style pastry dumpling with chicken and crispy Asian vegetables



Garlic and herb marinated cutlets, fresh from the grill! served in a Greek style with Tzatziki dip

Satay Chicken Skewers

An authentic Thai dish, Served with a Satay dipping sauce

Butter Chicken Roti

Toasted almonds and fresh chicken gently cooked in a creamy tomato and yogurt sauce, wrapped in a light roti bread

Miniature Chicken Pie

Petite in size, tasty and attractive looking pie with an interesting creamy chicken feeling

Thai Crab Cakes

Crab meat with Thai herbs and chilli rolled into bites sized pieces served with sweet chilli Aioli

Chicken and Mushroom Filo

Creamy chicken and mushroom in a white wine sauce within a flaky Filo pastry

Moroccan Lamb Puff

Pastry Filo puffs with a spicy lamb in a Moroccan style marinate

Crispy Scallops

Crumbled scallops, with a creamy Aioli dipping sauce



Grilled and Glazed Prawn Skewers



Marinated Lamb Cutlets



Satay Chicken Skewers



Hot Options Meat cont...

Peppered Beef Mignon

Scotch fillet steak wrapped in bacon and served on a toothpick with a peppered Béarnaise sauce

Peking Duck Pancakes

Authentic Peking duck recipem with a Hoi sin sauce, cucumber and other Asian vegetables wrapped in a pastry pancake

Satay Beef Skewer

Authentic Thai style beef served and presented on a skewer with a peanut satay dipping sauce

Moroccan chicken balls served with minted yoghurt

Spicy Moroccan chicken bites, served with a soothing minted Mediterranean style youghurt dip

Prawn and Chorizo tartlet

Sauteed prawns and Chorizo sausage in a spicy mayonnaise, presented in a pastry cup

Petite Lamb and Rosemary Pies

Medium-Rare lamb and rosemary infused mini pies

Prawn, scallop and ginger spring roll

Queensland Prawns, Scallop and a zesty ginger in premium spring rolls

Serrano Olive Pizzas

Cured meat Serrano with kalamata olives on a handmade mini pizza dough

Chilli, Blue Swimmer Crab, Rice Noode, Lettuce

Seafood style san choi boi, served in a lettuce cup

Prosciutto Wrapped Scallop, Asparagus Cream

Fresh scallops, wrapped in prosciutto and presented on a bamboo

Serrano & Manchego Croquette

Smokey serrano with a manchego goats cheddar Croquette served with paprika aioli

Serrano Wrapped Prawn, Nam Prik

Large smokey prawns, with an Asian inspired nam prik sauce



Peppered Beef Mignon



Peking Duck Pancakes



Hot Options Vegetarian

Sweet Potato and Cashew Empanada

Sweet potato & the texture of the cashews with a Mexican spice

Gourmet Potato Rosti Fritters

Topped with goats cheese, olives, and basil pesto



Pumpkin topped with creamy mash potato and nutmeg in a shortcrust pastry



Slices of fire roasted red peppers, herbs and goats cheese in a crisp tart shell



Italian risotto Aranchini balls with cheese, Sundried tomato, basil pesto and bacon

Frittata

A creamy potato Frittata served cold in finger food portions

Falafel topped with Onion, Tomato and Tzatziki

Turkish style falafel balls with a tzatziki dip atop with onion & tomato

Pumpkin and Almond Samosa

Indian speciality, with rich pumpkin and almond filling



Gourmet Potato Rosti Fritters



Fire Roasted Red Pepper Tartlets



Frittata



Falafel topped with Onion, Tomato & Tzatziki



Pumpkin and Almond Samosa



Hot Options Vegetarian cont...

Capsicum Bruschetta

On crusty sour-dough with balsamic vinegar and fire roasted capsicum.

Grilled vine leaf haloumi

Pickeled vine leaves, grilled and wrapped around haloumi cheese

Rolled citrus goats cheese filled zucchini

Thin strips of zucchini, grilled and rolled around a zesty citrus goats cheese



Capsicum Bruschetta



Grilled vine leaf haloumi



Rolled citrus goats cheese filled zucchini



Cold Options Meat

Cold Cocktail Prawns

A sensational platter of market fresh prawns served with a cocktail dipping sauce

Grilled Asparagus Spear Parcels in Prosciutto

Fresh asparagus spears, wrapped in a tasty prosciutto, drizzled with a light olive oil

Tandoori Chicken Bites

A round of cucumber sliced thickly, topped with a dollop of mint yogurt and pieces of moist tandoori chicken atop

Salmon Roulade

Salmon roulade inside a smoked salmon roll, served with caviar atop

Prosciutto and Melon

Served on a skewer, a glorious mixture of prosciutto with fresh cantaloupe balls

Smoked Salmon, Brie and Caper Tart

Pastry canapé tart with smoked salmon, French brie and crispy capers

Chilli Blue Swimmer Crab

Chilli blue swimmer crab with rice noodles, served in a lettuce cup

Smoked Chicken and Brie Tart

Smoked chicken, mixed with triple cream brie, in a savoury tart shell

Old fashioned Prawn Cocktail

Shelled market fresh prawns in Marie Rose sauce, served in individual shot glasses



Asparagus Spear Parcels in Prosciutto



Tandoori Chicken Bites



Salmon Roulade



Prosciutto and Melon



Chilli Blue Swimmer Crab



Cold Options Vegetarian

Dolmades

Authentic Greek recipe of rice mix with vine leaf outside

Frittata Sliced

A creamy potato Frittata served cold in Finger food portions

Grilled Courgettes

Grilled zucchini discs topped with half roasted cherry tomato with lemon zest and garlic goats cheese

Sun-Dried Tomato, Feta and Olive Tartlet

Rich Sundried tomato, feta and olive in a cold tartlet

Persian Feta, Baby Rocket and Mushroom Bruschetta

Creamy Persian feta, the crispness of baby rocket and texture of the mushrooms placed on crusty Sourdough bread

Tomato and Yarra Valley Persian Feta Salad Cups

Vine ripened truss tomatoes, with Persian feta, olive oil and seasoning, served in individual cups

Goats Cheese with tomato relish

Handmade Blini with rich goats cheese and smoky cherry tomato

Pumpkin, Goats Cheese and sage focaccia

Roasted pumpkin, creamy goats cheese and fresh sage herbs atop a hand made focaccia dough

Smoked trout, pumpernickel toast, creme fraiche

Ocean trout, served atop a pumpernicker crouton, and a refreshing creme fraise

Honeyed fig, Persian feta, port reduction

Fresh glazed figs with honey and port reduction, Persian feta atop, served in a bamboo boat



Dolmades



Grilled Courgettes



Feta, Rocket and Mushroom Bruschetta



Tomato and Feta Salad Cups



Substantial Finger Foods

Mini wagyu beef burger, with onion jam relish, cheddar and salad

Bite sized beef burger, with lettuce, cheddar, onion jam relish served on a small finger food size bun!

Mini Nachos

Individual nacho corn chips, tasty cheese, sour cream, guacamole and onion topping!

Mini Gnocchi Bolognaise

Handmade Gnocchi, with a rich tomato Bolognaise sauce

Whiting fillets and Chips served in pine cones with lemon wedge

A sensational mix of original fish & chips - 1pc whiting fillet and individual chips, served with fresh Tartar sauce and lemon wedges

Hokkien Noodles served in noodle boxes

Hokkien Noodles served with Asian style vegetables and beef, served in individual noodle boxes

Potato Wedges served in individual cones with Sour Cream

Individual cones of chunky steakhouse wedges served with a tangy sour cream

Miniature Hot Dogs

Miniature hot dogs, in crusty fresh bread rolls, served with either tomato relish or American mustard

Sicilian style Chicken Parmagiana with shoestring fries

Crispy chicken schnitzel, with a cheese and tomato topping. Served with chips in idividual cones

Braised lamb ragu with potato puree

Slow cooked tomato, rosemary and lamb, served atop an extra creamy potato mash served in individual tray

Chermoula chicken with Israeli cous cous and minted yoghurt

Moroccan spiced chicken, with a large style cous cous and fresh minted yoghurt served in bamboo boat



Mini wagyu beef burger



Mini Gnocchi Bolognaise



Whiting fillets and Chips



Hokkien Noodles



Potato Wedges



Gourmet Cocktail Desserts

Finish the event off with a few rounds of sweet items to delight your guest's taste buds! These desserts are all served in miniature shot glasses!

Tiramisu

Layers of sponge and cream with a rich coffee and whiskey flavouring throughout, topped with dusted chocolate!

Trifle

Layers of vanilla sponge, jam and clotted cream, with sweet blueberries and raspberry sauce, dusted with icing sugar

Chocolate Mousse

Made with our special recipe of using Toblerone chocolate, so you can taste the rich texture of nougat, nuts and dark Swiss chocolate!

Passionfruit Flummery

Flummery is a classic jelly mixed with egg whites to create a fluffy sensation, mixed with the hit of tangy passionfruit

Chocolate Ripple Cake

Chocolate fudge biscuits, with triple thickened cream

Miniature Paylova

Individual Pavlova, with fresh vanilla cream and zesty passionfruit

Profiterole Platters

Fresh cream filled profiteroles with a chocolate ganache

Miniature Chocolate Éclair Platters

Mini chocolate éclairs with fresh cream

Strawberry and Marshmallow skewers

Strawberry and marshmallow skewers drizzled with chocolate

Fruit Skewers

Miniature gelato, served in individual waffle cones

Meringue, Hazelnut and Chocolate Ganache

Fresh meringue, topped with a hazelnut and chocolate mixture

Baklava

A Turkish classic dessert, topped with a sweet syrup



Trifle



Chocolate Mousse



Chocolate Ripple Cake



Profiterole Platters



Fruit Skewers



Platters

Antipasto Standard

The antipasto standard platter is a great platter to start off any function for pre nibbles on arrival. Kabana, Salami, Sundried Tomato, Olives, Feta, Brie, Swiss & Capsicum dip.

\$75.00



Antipasto Premium

A step up from the standard. Kabana, Salami, Sundried Tomato, Olives, Brie, Blue Vein, Mushrooms, Artichoke Hearts, Dolmades, Grilled Capsicum and Mini Filled Peppers.

\$89.00



Cheese & Dips

All our great cheeses on one platter. Gorgonzola, Camembert, Swiss, Mondela and vintage Cheddar, served with crackers and a spicy Capiscum dip.

\$79.00



Roasted Chicken

Succulent Chicken Wings & Legs coated in our special marinade, spit roasted and served cold for your enjoyment anytime.

\$79.00 25 pieces



Chicken Skewers

Our Satay Chicken skewers are presented beautifully and provide a different alternative for your guests. Served with a Satay dipping sauce.

\$75.00 25 pieces



Cold Cut Vegetables

Not only a vegetarian selection, but a healthy choice for your guests. Capsicum, Mushrooms, Cucumber, Celery & Cherry Tomato, with an Avocado dip.

\$65.00



Cold Meats

Cooked, smoked and cured meats, all rolled to present a lovely display, with a Cherry Tomato garnish and Antipasto Sundried Tomato.

\$75.00



Cold Quiche

Our classic fabulous fingerfood quiches, served cold as an appetizer. A mixture of Lorraine, Sundried Tomato, Asparagus and Mushroom style quiches.

\$75.00 25 pieces



Croissants

20 pieces of miniature croissants. Sweet varieties of mixed jams and cream. Savory varieties of Ham and Jarlsberg or Ham off the bone and Tomato.

\$75.00 20 pieces



Cocktail Petite Fours

Miniature Lemon Meringue pies, Passionfruit Lemon tarts, miniature Chocolate tarts and mini Banana cakes. Our petite fours present lovely.

\$89.00 25 pieces



Freshly Baked Danish

Cinnamon swirls, Apricot Danish, Raspberry Danish and Custard Danish, all garnished with an icing dressing.

\$79.00 25 pieces



Gourmet Biscuits

25 handmade Gourmet Biscuits; Chocolate, Macadamia, Anzac Biscuits, Muesli Biscuits, Vienese Eclairs and Yo-yos.

\$65.00 25 pieces





Platters cont...

Desserts Standard

A popular morning tea option. Mixed muffins, slices and cakes, all placed on a decorative platter lined with Banana leaves.

\$75.00 30 pieces



Desserts Premium

A step up from the standard, with Éclairs, Profiteroles, miniature tarts and cakes, slices, muffins and Gourmet Biscuits.

\$79.00 30 pieces



Chocolate Truffles

Truffles of a generous size and mixed varieties of sprinkles, Chocolate Fudge, Macadamia and Lemon Zest.

\$85.00 30 pieces



Freshly Baked Scones

Freshly baked the morning of your function, presented with Double Cream and a variety of seasonal Jams.

\$75.00 20 pieces



Fresh Fruit Platter

Seasonal Fruits, including Watermelon, Grapes, Cantaloupe, Pineapple, Strawberries, Kiwi Fruit and Passionfruit placed on a decorative platter.

\$79.00



Fruit Skewers

Watermelon, Cantaloupe, Kiwi Fruit, Strawberries and Pineapple all placed on a skewer and served with a Natural Yoghurt dipping sauce.

\$89.00 30 pieces



Layered Chips & Dips

Corn Tortilla Crackers, served with a Sour Cream dip, Salsa and Guacamole dip.

\$49.00



Cold King Prawns

Fresh South Australian King Prawns with a Tartar and Seafood dip, all presented in Banana leaves. Skinless and ready to serve.

\$79.00 *30 pieces*



Sandwich Premium

One of our most popular platters. The premium sandwich is a good option to satisfy all people's tastes. 40 pieces mixed and placed on a decorative platter.

\$85.00 *30 pieces*



Sandwich Gourmet

A step up from our standard sandwich platter. Involves more exotic varieties such as Roasted Chicken, feta, Roasted Antipasto Vegetables etc.

\$89.00 30 pieces





Platters cont...

Turkish Bread Premium

Crusty baguette rolls with standard fillings. 30 pieces placed on a decorative platter. A good option for heavier eaters as these are quite substantial.

\$85.00 30 pieces



Turkish Bread Gourmet

Crusty baguette roll with 6 different varieties of Gourmet filling. 30 pieces placed on a decorative platter. A good option for heavier eaters as these are quite substantial.

\$89.00 *30 pieces*



Fabulous Selection

Finding it hard to decide? Our Fabulous Selection platter has the best of all three favourites. Baguettes, Wraps and Sandwiches all appear as 40 mixed pieces.

\$85.00 30 pieces



Fabulous Selection Gourmet

Offer your guests ultimate variety. Our Gourmet Fabulous Selection includes 40 varieties of different Wraps, Sandwiches and Baguettes.

\$89.00 30 pieces



Wraps Premium

Soft Tortilla Wraps with standard fillings of Ham, Chicken, Tuna, Egg and Vegetarian options. Each wrap is 4-5" as a piece.

\$85.00 20 pieces



Wraps Gourmet

Soft Tortilla Wraps with Gourmet fillings of Turkey and Cranberry, Smoked Salmon, Thai Green Curry and Vegetarian options.

\$89.00 20 pieces



Grilled Courgettes

Grilled zucchini discs topped with with half roasted cherry tomato with lemon zest and garlic goats cheese.

\$75.00 25 pieces



Sushi Platter

A very popular Asian option. Crispy Chicken, Tuna, Californian Hand Rolls, Prawn and Vegetarian options. Served with a Soy dipping sauce.

\$79.00 *30 pieces*



Seafood Platter

A brilliant mixture of Prawns, Oysters, Mussels and Smoked Trout. All presented with Crackers and fresh Fruits.

\$95.00



Vietnamese Rice Paper

A refreshing and interesting Asian option. Pork, Prawn and Vegetarian (Tofu) options, served with a Hoi Sin and Vietnamese Fish sauce for dipping.

\$85.00 *30 pieces*





Platters cont...

Turkish Bread

Turkish Flat Bread, served with a trio of dips of Spring Onion, Hummus and Avocado.

\$49.00



Traditional Bruschetta

A rich mixture of fresh vine ripened diced tomato, red onion, marinated in a virgin olive oil and a dash of balsamic vinegar served on a crusty bread.

\$75.00 25 pieces



Macaroon Platter

A platter of 25 freshly made Macaroons in Vanilla, Chocolate, Raspberry, Salted Caramel, Coffee and more.

\$79.00 25 pieces



Atlantic Smoked Salmon & Camembert Boats

A crispy savoury pastry casing boat, filled with a smoked salmon with Tasmanian triple cream Camembert.

\$75.00 25 pieces



Peking Duck Pancakes

Authentic Peking duck recipe, with a hoi sin sauce, cucumber and other Asian vegetables wrapped in a pastry pancake.

\$75.00 20 pieces



Tandoori Chicken Bites

A round of cucumber sliced thickly, topped with a dollop of mint yogurt and pieces of moist tandoori chicken atop.

\$75.00 25 pieces



Gourmet Potato Rosti Fritters

Topped with goats cheese, olives, and basil pesto.

\$75.00 25 pieces



Mixed Blini Platter

Mini savoury pancakes with a variety of toppings, including salmon and Camembert, spicy beef, and roasted vegetables with Danish feta.

\$75.00 30 pieces



Frittata

A creamy potato frittata served cold in fingerfood portions.

\$75.00 25 pieces





Premium Tea & Coffee Station

Full setup included

- Instant Coffee Nescafe 43
- Tea Bags Lipton Black Tea
- Sugar Sachets
- Full Cream & Low Fat Milk
- Premium Cardboard Cups
- Stirring Sticks

\$3.50 per guest



Upgrade to Premium

- Percolated Coffexx Coffee
- Gourmet Lipton Tea varieties

ADD \$1.00 per guest



Individual Pricing

To offer you the highest quality, we only stock Coca Cola products. Coke, Diet Coke, Lift (Lemon Squash) and Sprite (Lemonade). All products arrive cold.

•	2 litre Soft Drink Varieties	\$7.00
•	1.25 Litre Soft Drink Varieties	\$5.00
•	2 Litre Fresh Juice Varieties	\$7.00
	(Apple Orange, Apple/Blackcurrant)	
•	1.25 Litre Water	\$6.00
•	Cans of Soft Drink	\$2.50
	(Coke, Lift, Spite, Diet Coke)	
•	300ml Water	\$1.90
•	Schweppes Premium Mixers	\$3.50
	(Lemon Lime Bitters, Agrum, Blood Orange, White Grape & Passionfruit)	
•	250 ml Apple Juice	\$2.95
•	250 ml Orange Juice	\$2.95
•	Disposable Glassware	\$7.50
	(Per pack of 20)	



Unlimited Soft Drinks

For Functions

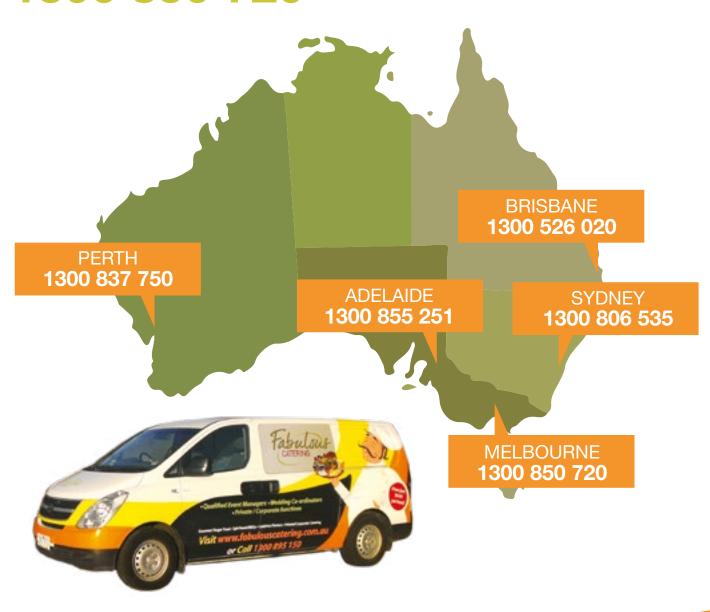
- Coke, Diet Coke, Lift, Sprite, Water
- Unlimited consumption for 3 hours

ADD \$3.95 per guest





Call us to book your function on 1300 850 720



Staffing Costs

Staff hire is charged at the following rates (unless included in your package)

Chef \$55 p/h

Waiter/Assistant \$48 p/h

Bar Staff \$48 p/h

Contact Us

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